



Liz Murphy
STUDIO

— Work with Liz —

1 TO 1 MENTORING

2023 - 2024

LIZ MURPHY STUDIO

BUILDING 2, ZONE 2 • MANUFACTURERS VILLAGE
• EAST ORANGE • NEW JESERY

WHAT IT LOOKS LIKE:

The 6 month program is recommended for most growth:

6 month Expanded Mentoring Program (in studio and virtual)

- **2 x 90 minute zoom calls a month for 6 months (18 hours total)**
- **1 x 30 minute follow up call a month (3 hours 3 total)**
- **2 IN-STUDIO days with Liz in New Jersey (16 hours total)**
- **PRICE = \$5600**
- **Schedule = December 4th 2023 to June 4th 2024**
-

3 month Intensive Mentoring Program (in studio and virtual)

- **1 x 90 minute zoom call a month for 3 months (4 hours 30 mins total)**
- **1 x 45 minute follow up call a month (1 hours 30 mins total)**
- **1 IN-STUDIO day with Liz in New Jersey (8 hours total)**
- **PRICE = \$2500**
- **Schedule = December 4th 2023 to March 4th 2024**

ONLY 2 SPOTS AVAILABLE. SELECTION PROCESS INVOLVED.

Accommodation is available if necessary for in-studio date @ \$200/night

THE GOAL:

No matter where you are on the journey or whatever your reasons for wanting to explore your creativity further, the goal of my mentoring program is get YOU to a place where ***you can produce stronger, more unique and authentic work, with greater ease and flow which ultimately leads to you experiencing more joy from a deeper understanding of self.***

WHAT IT WILL INVOLVE from YOU:

- a willingness to learn, receive feedback, open-up and be vulnerable
- will, determination, and perseverance when things get hard
- focus and discipline to consistently prioritize and do the work
- the courage to change, feel uncomfortable and explore new territories
- the commitment to dedicate time each week to do the homework, and expand your practice
- courage to unleash your own creative voice in new exciting ways

WHAT IT WILL INVOLVE from ME

I will dedicate time to understand WHO you are and WHY you create. From there I will meet you exactly where YOU are at and together, at a pace that feels right, we will set forth on a journey of discovery. I will offer up new tools and guidelines, and I will hold a mirror up to what I see within you, so that we can pull out a deeper richer version. I will dedicate focused time to demonstrate, teach, critique, support, encourage and motivate you, so that you understand and embrace your full potential as a unique creative soul.

Our time together will include::



- Lots of fun creative conversations about process
- Assessments of your past and current work?
- Understanding the 'WHY' behind your need to create
- Revisiting the fundamentals and understanding the principals of good art and design
- Critiquing and evaluating your work using the principals of good art making
- Individual exercises: learning tricks and techniques to expand your process
- Understanding how to let go and 'destroy' when preciousness and perfectionism holds you captive
- How to deal with creative blocks
- Where to find further inspiration
- When to know that is the painting finished
- How to stay in a stater of awareness.
- Looking at how your work hangs together as a collection Understanding the ups and downs of studio life
- Looking at current trends and style and how to be different in a saturated modern, overly styled world
- Offering ideas to establish and strengthen your brand and suggestions of ways to gain visibility and notoriaty



INDIVIDUAL MENTORING SESSIONS

The content and pace of these INDIVIDUAL sessions are be custom designed around YOUR unique needs and individual stage of the journey:

IN PERSON SESSIONS

1. 1 DAY - IN PERSON SESSION- IN LIZ'S STUDIO (9.30am to 6pm with working lunch)

The content and pace is completely up to the individual

Materials and lunch are provided

PRICE: \$1200

2. x2 DAYS - IN PERSON SESSION- IN LIZ'S STUDIO (9.30am to 6pm with working lunch)

The content and pace is completely up to the individual

Materials and lunch are provided.

PRICE: \$2200

Accommodation is available if needed @ \$200 a night extra

You will be staying with Liz in her home in Montclair NJ.

Guests enjoy their own floor, with a large private bedroom, private bathroom and private living room, with TV. Breakfast and dinner is included

In Studio sessions take place in Liz's Studio in East Orange, New Jersey, USA.

VIRTUAL SESSIONS

3. INDIVIDUAL as you go, hour by hour VIRTUAL SESSION via ZOOM

PRICE: \$150 PER HOUR

One 2 one personalized sessions can be booked from 1 hour to 4 hours at any one time.

The content and pace is completely up to the individual

Virtual sessions can be booked throughout the year directly with Liz on an 'as and when needed' basis

Availability is limited and completely dependent on Liz's schedule.

4. SESSION BUNDLE - sessions scheduled 3 at a time and are given priority booking

• **BUNDLE A = x3 90 min sessions (used over a 3 month period) BUNDLE PRICE = \$650**

• **BUNDLE B = x8 1 HOUR sessions (used over a 3 month period) BUNDLE PRICE = \$1150**

• **BUNDLE C = x6 90 min sessions (used over a 3 month period) BUNDLE PRICE = \$1300**

FYI Spots for IN PERSON and VIRTUAL are extremely limited.

To inquire further please email Liz directly

at lizziemurphy@mac.com with the title PRIVATE MENTORING



a testimony

Working one on one with Liz was a wonderful growing experience. She was incredibly generous with her extensive knowledge and skill as an artist.

Liz's personalized feedback was invaluable. Our in-person and remote interactions created momentum in my practice, which was accentuated by Liz's genuine encouragement and faith in my abilities. I was able to take my art to another level with Liz's support and teaching.

CARYN CONAWAY



a testimony

As a mentee to Liz Murphy my world has been transformed in more ways than I could have ever imagined. I am constantly inspired by Liz's unique approach to art, which is grounded in a deep understanding of color theory, composition, and form. Her ability to communicate complex ideas in a clear and concise way has helped me to grow as an artist, and has opened my eyes to new possibilities within my own work.

Working with Liz has taught me to see the world in a different way, and to approach my own art with a greater sense of freedom and experimentation. Through her guidance and support, I have been able to develop my own unique voice as an artist, and to push beyond the boundaries of what I once thought was possible.

Above all, she has shown me the importance of perseverance and dedication in the pursuit of one's creative goals. Her unwavering commitment to the craft has inspired me to stay focused on my own path, and to never give up on my dreams.

In short, being a mentee to Liz Murphy has been a life-changing experience, one that has enriched my art practice and inspired me to reach new heights of creativity and expression.

KINGA GROCHOCINSKI